

Health & Physical Education (K-12)
Johnson C. Smith University

Competency A minimum of two (2) semester hours is required to fulfill each of the following competencies unless otherwise noted.		Course Prefix & Number	Course Title	Course Offerings
A	Foundations, Principles, & Practices of Physical and/or Health Education	PED 230	Foundations of Physical Education & Sport Management	
		HED 230	Introduction to Health Education	
B	Individual, Community, & Global Health Issues	HED 333	School Health Problems	
		HED 335	Minority Health Problems & Issues	
		HED 438	Social and Behavioral Aspects of Global Health	
C	Human Biology, Anatomy, & Reproductive Health	BIO 240*	Human Anatomy & Physiology I*	
		BIO 245*	Human Anatomy and Physiology II*	
D	Fundamental Motor Skills & Movement Forms	PED 232	Psychomotor Development	
		PED 332	Kinesiology	
E	Sports, Physical & Leisure Activities	PED 121	Outdoor Pursuits	
		PED 124	Team Sports	
		PED 127	Recreational Games	
F	Healthy Behavior, Fitness, & Obesity Prevention	HED 121	Personal Health (2 SH)	
		PED 136	Physical Fitness and Wellness	
G	Health Education & Promotion	HED 234	Healthful Living	

Posted: 10/4/2018
 Revised: Fall 2018

Course Offering Codes:

F=Fall, S=Spring, SS=Summer Session, UD=Upon Demand
 e=even years, o=odd years, ^=online

Course typically offered **on campus** if shaded.

Notes:

- These are typical course offering schedules. Courses are not guaranteed to be offered at these times.
- Please check with the college/university for course availability each semester.
- Some courses require prerequisites be met prior to registration. An asterisk (*) denotes a prerequisite course.
- For more information from this institution, click here, <http://www.jcsu.edu/>.